



# 肺癌健康篩查計劃

低輻射劑量胸肺電腦掃描  
診斷早期肺癌。

## 由心胸肺外科專科醫生主理

肺癌是香港癌症的頭號殺手，且早期通常毫無症狀。  
及早發現和治療可大大提高存活率。

“高危人士”以低輻射劑量胸肺電腦掃描進行肺癌篩查，  
能大幅減低肺癌相關死亡率高達39%。

誰是“高危人士”？

- 50歲或以上
- 吸煙，或戒煙尚未超過15年
- 吸煙指數高於 20

然而肺癌亦與其他風險因素相關 (如：二手煙，油煙，空氣污染等)。在亞洲人群中，非吸煙者在所有肺癌患者中亦佔顯著比例，篩查檢出率可能與吸煙者差距甚小。

## 計劃內容

- 檢查前: 由心胸肺外科專科醫生講解肺癌篩查的事宜
- 低輻射劑量胸肺電腦掃描檢查
- 檢查後: 由心胸肺外科專科醫生跟進檢查結果

## 服務價錢 (HK\$)

\$1,980

中環 | 畢打街1-3號中建大廈13樓1331室

☎ +852 3565 2868 | 📞 +852 3565 2868 | 📧 Heal\_Medical | ✉ enquiry@heal-medical.com

尖沙咀 | 彌敦道132號美麗華廣場A座1908-09室

☎ +852 3700 6813 | 📞 +852 5978 3820 | 📧 Heal\_Medical | ✉ nursing-tst@heal-medical.com





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# Lung Cancer Screening Plan

Low-dose CT Thorax to detect lung cancer at early stage.



## Consultation Provided by Specialist in Cardio-Thoracic Surgery

As the leading cause of cancer death in Hong Kong, lung cancer often shows no symptoms until late stage. Detection and treatment at early stage can greatly improve survival.

“High-risk individuals” undergoing lung cancer screening by low-dose CT scan of thorax can potentially reduce cancer-related mortality by up to 39%.

Who are “High-risk individuals”?

- Age 50 or above
- Active smokers, or ex-smokers but quit for less than 15 years
- Smoking more than 20 pack year

However, lung cancer can be associated with other risk factors (e.g. second-hand smoke, cooking fume, air pollution etc.). In Asian population, non-smokers also constituted a prominent proportion of all lung cancer cases, and the screening detection rate might be not greatly different from that in smokers.

## Screening Package

- Before Scan: Counseling relevant information of screening by specialist in Cardio-Thoracic Surgery
- Low-dose CT scan of Thorax
- After Scan: Follow-up plan by specialist in Cardio-Thoracic Surgery

## Service Fee (HK\$)

**\$1,980**

**Central** | 1331, 13/F, Central Building, 1-3 Pedder Street

☎ +852 3565 1868 | 📞 +852 3565 2868 | 📧 Heal\_Medical | ✉ enquiry@heal-medical.com

**Tsim Sha Tsui** | Unit 1908-09, 19/F, Mira Place Tower A, 132 Nathan Road

☎ +852 3700 6813 | 📞 +852 5978 3820 | 📧 Heal\_Medical | ✉ nursing-tst@heal-medical.com

